

Safe Sleep: as easy as the ABCs!

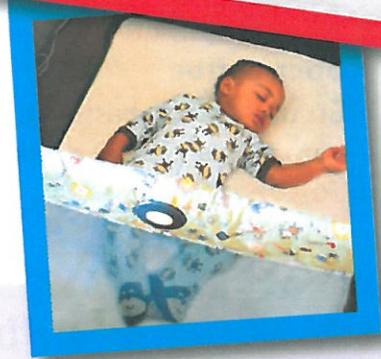
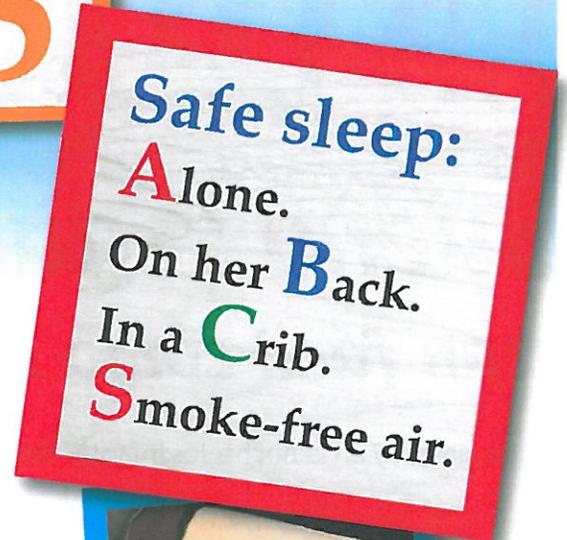
At naps and at night, infants should always sleep:

A = Alone

B = On his or her back

C = In a crib, bassinet, or Pack n' Play without pillows, blankets, bumper pads or toys

S = In a smoke-free home



Sleep Environment Facts:

Between 2009 and 2011, 48 Milwaukee infants died of Sudden Infant Death Syndrome (SIDS) or accidental suffocation after being discharged from the hospital.

32 were sharing a bed with parents, other children, or a caregiver when they died

31 were exposed to secondhand smoke in their homes

41 were sleeping on or near adult pillows, or were put to sleep with blankets, quilts, or stuffed animals

18 had been placed on their stomachs or sides to sleep

11 were sleeping on a couch, chair, car seat or swing

13 caregivers were using drugs or alcohol at the time of the infant's death

Only one infant death in this time period had no risk factors present

Note: Numbers are not mutually exclusive. Many infants had multiple risk factors. 2011 data is preliminary.

If you do not have a safe place for your baby to sleep, please call the Milwaukee Cribs for Kids® program: (414) 286-8620. You may be eligible for a free Pack' N Play®.