



Grobschmidt Senior Center

On Friday, August 28th, I met, once again, with the South Milwaukee Public Health Administrator to discuss the reopening of the senior center. At that meeting present CDC guidelines were examined and cases of Coronavirus (COVID-19) in the south shore area were reviewed. It was decided that the senior center can reopen on Tuesday, September 8th with new policies implemented for everyone's safety. Please keep in mind that we will continue to monitor the burden of COVID-19 disease to inform decisions regarding programming and services. If there is an increase in cases we reserve the right to shut down the center again at any time.

The opening of the center will be done in phases with programs that are able to social distance (six feet apart) and that do not share equipment being the first to return. PARTICIPANTS WILL NEED TO MAKE A RESERVATION BY CALLING (414)768-8045 TO ATTEND ANY OF THE FOLLOWING PROGRAMS. BECAUSE THERE IS A NEED TO MONITOR HOW MANY PEOPLE ARE IN THE BUILDING AT ANY GIVEN TIME, NO "DROP INS" WILL BE ALLOWED ACCESS TO THE CENTER AT THIS TIME. The following is a list of programs that will restart the week of September 8th:

1. Exercise Equipment—9:15-10:00 and 10:15-11:00 Mondays, Tuesdays, Thursdays, and Fridays. The maximum number of program participants is 3 per session.
2. Fitness Class—9:15-10:15 Mondays, Tuesdays, Wednesdays, and Thursdays. The maximum number of program participants is 10.
3. Zumba Gold—10:30-11:15 Mondays. The maximum number of program participants is 10.
4. Line Dancing—9:15-10:15 and 10:30-11:30 Fridays. The maximum number of program participants is 10.
5. Woodcarving—9:15-11:00 Mondays and Fridays. The maximum number of program participants is 5
6. Calligraphy— 1:00-2:30 Fridays. The maximum number of program participants is 10. If more people would like to participate in this class, another session could be offered on Mondays.
7. Painting Class—1:00-3:30 Thursdays. The maximum number of program participants is 10.
8. Toe Nail Trimmers—11:30-3:30 Wednesday, September 16th. Information about this program is enclosed.

What you need to know when coming to the Center:

- A new traffic pattern will be implemented in September. All participants are asked to enter through the front entrance and exit through the doors located on the north and west side of the building.
- Five hand sanitizer stations are located within the senior center. People are asked to use the hand sanitizer, or wash their hands, when entering and exiting the building.
- Because the senior center is providing services to a high risk age group, per the recommendation of the CDC, face coverings will be required.
- People must social distance at all times.
- Physical contact of any kind is not permitted. This includes, hugging, shaking hands, etc.



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- Please do not come to the center if you are feeling ill. Signs and symptoms of COVID-19 are: Cough, shortness of breath, fever or chills, muscle or body aches, vomiting or diarrhea, new loss of taste or smell.
- Coffee and donuts will no longer be available at the senior center. People are asked to bring in their own beverages and not to bring in anything to share with others.

Moving forward if members are willing to wear gloves and social distance, the following activities could possibly be the next programs phased in:

- Pool tables—Participants would need to use their own cue sticks,
- Sewing—Participants would need to use one “sewing station” and bring their own supplies.
- Shuffleboard
- Dartball

In addition, the Annual Holiday Bazaar has been cancelled for 2020. At this time, the senior center is not collecting donations for the 2021 bazaar.

I appreciate your patience during the COVID-19 pandemic.
Looking forward to seeing you all soon!